



## What I Wish I Knew In Medical School—Touro College of Osteopathic Medicine

---

Join the AMA for lunch and special guest, AMA Trustee Ilse Levin, DO, MPH, for a keynote on what you need to know as a medical student today, how you can prepare yourself for a successful future and raising the voice of the osteopathic physician.

This event, for Touro College of Osteopathic Medicine medical students and faculty, will focus on personal experience as a medical student and cover topics such as:

- Tips for taking the shelf exam and how to be better prepared
- Tactics to help cope with stress and balance personal/professional life
- Ways to facilitate a support community and to be a resource to others

You won't want to miss this event!

### Registration

Registration is now open. Event takes place **Friday, Nov. 22, 2024, 12:30-2 p.m.**

### Questions?

Please contact [paul.wells@ama-assn.org](mailto:paul.wells@ama-assn.org)